

Self-awareness	Understanding feelings and emotions	Self-management	Sexuality	Personal qualities and strengths	Personal Networks	Diversity	Personal power	Positive use of power
Language of feelings and emotions	Understanding Emotions	Sexual feelings	Sexual Diversity	Identities	Gender Identity	Gender expectations	Valuing Diversity	Abuse of Power
Social awareness	Red flags and Self-care skills	Social management	Self-worth and body positivity	Values and beliefs	Attraction	Gender stereotypes	Discrimination harassment and bullying	Violence
Relationships	Relationships and touch	Consent	Understanding Emotions	Identities	Valuing Diversity	Physical changes	Emotional changes	Changing relationships
Personal space	Interacting with others	Making and Keeping Friends	Interacting with others	Relationships and Sexual Health	Changes and Transitions	Puberty	Changes and Transitions	Public and private
Rights and responsibilities	Communication and conflict resolution	Peer pressure	Health Literacy	Help Seeking	Making Healthy and Safe Choices	Body parts and function	Risk taking	Hygiene and self-care
Social Networking	e-safety	Evaluating online health information	Networks	Relationships	Online	Masturbation	Consent	Decision Making
Diversity in media	Health Literacy	Influence of popular media	Problem Solving	Help Seeking	The Law	Reproduction	Making Healthy and Safe Choices	Pregnancy
The Law	Pornography and explicit content	Sexting	Communication	KS: CPC	Language	Conception	Contraception	STIs