Hello

My name is Sally. I am 61 years old and I live in Northampton .the First County in England to go bankrupt, because of cuts and corruption.

I have lived in poverty all my life; I have 4 sons and three grandsons.

I was talking to ATD fourth world on Tuesday afternoon. Expressing very strong opinions.

It's impossible to answer your questions specifically because they do not relate to real life here. I am angry that the main emphasis is on groups submitting to you.

What are groups; we do not see them or have access to them. With local government funding cuts and funding cuts to organisations. There is none that can help. They have to adhere to local authority remits and no speaking against them.

They either have people who do not know the lived experience of poverty and do not know the realities enough to be effective. OR anything is cut to the core so that the most vulnerable who do not have a car or any family support to take them to meetings held at night when the bus service does not run cannot go.

There are no accessible means of any support or any voice. Plus it's impossible to get a decent answer to a decent question in order to find anything out.

Definitions, measurements, norms of poverty mean nothing to the U.K. government. People are dying we have no human rights we have no respect and dignity.

I have always been talked down to with seriously bad attitudes, there is no will for care or concern, it's gone..

There are too many times this has happened to be able to tell you every one of them in this email.

BUT , they; any agency raise the criteria of help in order to cut money .so all they can do is say again and again , " not my problem , / you don't qualify for any help / " in order to fob us off so they can say , "I am only doing my job " $^{\prime\prime}$

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All anyone hears is the legal remits as they change criteria, everyone hiding behind their role their job, with no care or concern leaving suffering

I am disabled so is my son . We have been faced with a system that bullies with no discretion , treating us as scroungers .

They leave us without money food and needs, in sanctions, In order to survive there are many times I had to adjust to living in a parallel universe, as a subhuman to stay alive.

I am still waiting all year now for benefit decisions, after traumatic reassessments done by an online tick box, my life is in limbo I cannot make any decision to try to make a life or study to get myself out of poverty.

I have no medical person who has relevant medical experience to my medical needs, they are all lay people from areas, of medicine that have no medical knowledge of an individual's condition.

I am going to try to attach a piece of work I did with Mss Fran Bennet .that I read in parliament .

They are good at fobbing us off with excuses to try other people who do not help as excuses .sending us round in desperate circles wasting valuable mental and emotional personal resources.

Desperate people get judged and their pain used against them to their detriment .

THERE is no one capable of relating to people in the context they are in and being able to help and support . Whatever training they have goes by the board as the system reverts to the ways and terms of the world , and media grooming of society . As told to me by a Coventry social work lecturer , when I was doing a presentation with ATD fourth world .

Universal credit is a farce . where is any agency here who deliver and apply any alleged service in accordance with any principles and ethos of the purpose of what they are supposed to be.

I saw Ian Duncan Smith say in a television interview, that the government needs to know what people are spending their money on .

I have since learned from the support groups on Facebook that many as we are , left in limbo with no communication , with top ups and monthly amounts not meeting any needs as people are worse off .many are forced into debt and homelessness .

It's about keeping us down controlling us . Many are dying , even by domestic violence as payments are to one person in the household . Universal credit is rigid and inflexible causing debt and homelessness .

I have never known anything like it.

I find my work capability assessments like being on a cattle ranch prodded like cattle rushed through the system with no care as individuals . Treated with acute suspicion and disdain .

My son was further bullied in his search for work, he was not listened to when he asked for help with appropriate sized clothing after total spinal fusion. He was ignored over help with appropriate employment suiting his medical needs.

He said to me , if it wasn't for me I would have jumped on the train tracks and killed myself .

Later when he was given a zero hours contract, the job centre could not cope with flexible hours .no forms were filled in right everything was wrong ..THE STRESS AND UNCERTAINTY made ordinary everyday life impossible.

They decided to put him on universal credit. BUT on the first appointment they told him , he has to job search every working hour , 40 hours .

The contract for universal credit is intimidating threatening sanctions if you do not comply with their terms and effectively it is based on their opinion .

They have complete autonomy and to much power in the hands of individual assessors, they speak for one another and it's impossible to get appeals and tribunals.

My son was told you do what we want when we tell you to do it, or you are are sanctioned for three months. (based on their opinions). He was told he had to job search even though he was working, and to leave work to go where they tell him with no regard for his employer. Bullied to get other work with no regard for disability or medical needs even on universal credit, that they want him to do.

my son refuses to claim benefits now cause after working on a zero hours contract that even universal credit cannot deal with , in order to top up his

salary. He cannot get a fair hearing or any help in anything, he was told if you can walk in here and wipe your own backside you will not get any disability benefits,

I believe all this is done on purpose to stop people claiming benefits , so do others .

Democracy is threatened here, with huge betrayal and huge abuse to us, even my M.P. will not help only speak for his tory party. Why vote why bother engaging, we will only vote in our next torturer.

This country! being poor means being under a regime of severe oppression. Every day is a fight to be resourceful to stay alive, its impossible to have aims goals and plans as the system pulls us back down, I can explain further if need I have reasons for everything I say, but the pain and emotion gets to much to write.