Between March and July 2021, five regional or sub-regional peer-to-peer expert webinars on the "Impact of COVID-19 on the right to mental health" were organized for the Europe, Asia Pacific, Anglophone Africa, Latin America and Middle East and North African regions. The below is a compilation of recommendations and findings of the webinars.

1. The need for evidence-based disaggregated data to improve mental health support services (Asia Pacific, Latin America, Europe).
2. Adequate budgeting and adequate human resources for mental health services and monitoring (Anglophone Africa, Latin America, Europe).
3. Ensuring equal access to mental health support services provided through new digital tools and technology while protecting the right to privacy (Asia Pacific, Anglophone Africa).
4. A paradigm shift in addressing mental health, anchored in a holistic and human rights-based approach based on transparency and accountability (Latin America).
5. Cooperation across different bodies and competence levels within government and with other actors (Latin America).
6. Progress towards deinstitutionalization of persons with disabilities, including intellectual and psychosocial disabilities, and to include those affected in decision-making (Latin America).
7. Building proactive community resilience to future mental health crises (Asia Pacific, Anglophone Africa) ​​.
8. Adapting new digital tools to be accessible for persons with disabilities (Middle East and North Africa).
9. Assigning adequate training programs to qualify workers in the field of mental health, as well as families and companions of persons with disabilities (Middle East and North Africa).
10. Coordination between the institutional mental health services and community services, which has more ability to reach marginalized groups (Middle East and North Africa).